



PRESTARSKATE PROGRAM

WHAT IS PRESTARSKATE? Skills, Tests, Achievement, Recognition – this is what STARskate is all about!

The Red Deer Skating Club's PreSTARskate is an introductory program designed to teach the elements of figure skating. STARskate offers opportunities for skaters to develop skills in the areas of ice dance, skating skills, freeskate, and interpretive skating. This program teaches figure skating skills in a group lesson format in a progressive and sequential manner and includes specifically designed awards and incentives.

For Prestarskate you will need to wear white lace up figure skates (not molded or recreational skates with velcro or buckles). You will need mitts and a form fitting jacket as well as yoga pants or leggings or a skating dress (a dress is not mandatory). Please remember to wear layers as it is cold. Also, have your child's hair pulled back off their face so they can see where they are going.

QUALIFICATIONS: Skaters must have completed CanSkate Stage 4 or have been recommended by one of our coaches or have attended a previous PreSTARskate program. This is not a learn-to-skate program.

Skaters have the opportunity to take private lessons with any of the Red Deer Skating Club's coaching staff at any time. Please contact the coaches directly to make arrangements for lessons. Skaters who wish to have private lessons from a coach may do so either during your PreSTARskate session or on another Junior or Open session during the week. There will be an additional fee for extra ice and coaching fees for private lessons. If you have any questions; please contact the club at (403) 358-1701 or email: skatereddeer@hotmail.com.

PROFESSIONAL COACHES:

TAMMIE PAUL

NCCP LEVEL III

Coaching Since: 1977

Rate: \$15.00

Phone: (403) 506-3531

skatetammie@telus.net

LANA BELLMORE

NCCP LEVEL II

Coaching Since: 1991

Rate: \$12.00

Phone: (403) 506-1880

lanabellmore@gmail.com

PATTI SOMER

NCCP LEVEL III

Coaching Since: 1984

Rate: \$13.00

Phone: (403) 396-3964

pattisomer@gmail.com

JESSICA SERGEANT

NCCP LEVEL II

Coaching Since: 2014

Rate: \$10.00

Phone: (780) 999-4192

jess.sergeant@hotmail.com

SUMMER 2018 PRESTARSKATE

July 2nd – August 3rd

TIME: 9:45am – 10:45am

PLACE: Collicutt Center Arena @ 3031 30th Avenue

DATES & FEES:

Week #1 July 2nd - 6th **\$80.00**

Week #2 July 9th- 13th **\$80.00**

Week #3 July 16th- 20th **\$80.00**

Week #4 July 23rd - 27th **\$80.00**

Week #5 July 30th – August 3rd **\$80.00**

There are 25 spots available. Registrations are accepted on a first come, first serve basis.

Register at: www.skatereddeer.com. **Deadline to register is June 15, 2018.**

PreSTARskaters will share the ice with other skaters. Numbers will be limited for both groups of skaters.

Costs for the program include: ice, coaching, stroking.